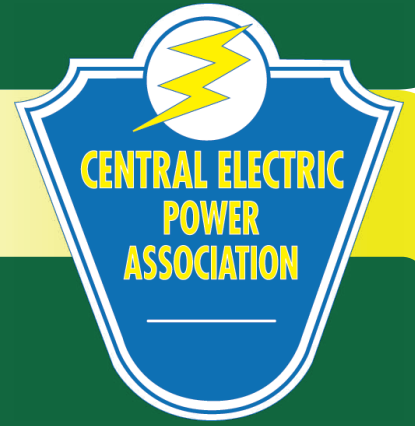


# Central Electric Power Association



## Energy Saving Tips energyright solutions

- \* Caulk and weather-strip around windows and doors to stop air leaks.
- \* Seal gaps in floors and walls around pipes and electrical wiring
- \* Change air filters monthly
- \* Replace incandescent bulbs with compact fluorescent - they use 75% less energy and last 10 times longer
- \* Install aerating, low-flow faucets and showerheads
- \* Fix any leaky faucets - one drop per second can add up to 165 gallons a month
- \* Tune-up your heating and cooling system annually to keep it running as efficiently as possible
- \* Have your ductwork inspected and repair any leaks
- \* Add insulation to your attic, crawl space and any accessible exterior walls
- \* Wrap your water heater with insulation or install an insulating blanket
- \* Look for ENERGY STAR label when replacing large or small appliances
- \* Use power strips for home electronics and turn off power strips when equipment is not in use
- \* Replace worn-out seals on your refrigerator and freezer
- \* Perform a do-it-yourself home energy audit. Online and paper versions are available. Call your local Central Electric Power Association office to request one or visit [www.energyright.com/audit\\_kit.htm](http://www.energyright.com/audit_kit.htm) to get started now
- \* Reduce hot water use by taking shorter showers and using cold water for the rinse cycle in your washer

- \* Turn off lights, televisions and other appliances when not in use
- \* Clean refrigerator coils regularly to keep compressor running efficiently
- \* Set the refrigerator temperature at 36 to 39 degrees Fahrenheit and freezers at 0 to 5 degrees Fahrenheit
- \* Use the microwave when possible - it cooks faster and doesn't create as much heat as a stove burner
- \* Air-dry dishes instead of using the dishwasher's heat drying option
- \* Run your dishwasher and clothes washer only when full
- \* Match the size of your pot or pan to the size of the burner
- \* Make sure your dryer's outside vent is clear and clean the lint filter after every load
- \* Keep all windows and doors located near your thermostat closed tightly
- \* Keep heat sources such as lamps and appliances away from your thermostat
- \* Consider replacing your older model refrigerator, especially if it is over 10 years old, with an ENERGY STAR refrigerator
- \* Install foam gaskets behind electric-outlet and switch-plate covers
- \* Dry one load of clothes immediately after another to minimize heat loss
- \* Defrost frozen food in the refrigerator before cooking
- \* Use the oven light to check on progress when cooking or baking (do not open the oven)
- \* Use low-watt bulbs where lighting is not critical
- \* Place floor lamps and hanging lamps in corners. The reflection off the walls will give you more light
- \* Turn off outside lights during the day. Try timer switches or photoelectric controls if the finger method is a bother
- \* Keep your freezer full. The fuller the freezer, the less cold air you lose when opening the door
- \* Use the self-cleaning cycle of your oven right after you finish baking. That will give it a head start in heating up
- \* Hang on to appliance manuals so you can refer to them for care information and possible energy-saving tips