



# CENTRAL ELECTRIC POWER ASSOCIATION

*A tradition of dependable, hometown service since 1937.*

**107 E. Main Street  
Carthage, MS 39051**

Carthage: 601-267-5671 • Philadelphia: 601-656-2601  
Rankin: 601-829-1201 • Sebastopol: 601-625-7422

## Know the difference between **DISINFECTING** and *Sanitizing*

When it comes to cleaning, not all jobs are created equal. When you've got a big mess in the kitchen — do you clean, disinfect or sanitize? These terms are often used interchangeably, but believe it or not, each are different.

Cleaning dirt or food from a surface, for example, doesn't necessarily kill germs and bacteria that can cause us to become sick. That's why it's important to know the difference between disinfecting and sanitizing. The CDC offers the following guidance. Disinfecting kills germs on surfaces or objects. Disinfecting works by using chemicals to kill germs on surfaces or objects. This process does not necessarily clean dirty surfaces or remove germs, but by killing germs on a surface after cleaning, it can further lower the risk of spreading infection. Hospitals, for example, disinfect areas that have come into contact with

bodily fluids, and parents typically disinfect areas where a baby's diaper is changed.

Sanitizing lowers the number of germs on surfaces or objects to a safe level, as judged by public health standards or requirements. This process works by either cleaning or disinfecting surfaces or objects to lower the risk of spreading infection. Most people sanitize kitchen surfaces that come into contact with food.

Pay close attention to hazard warnings and directions on product labels. Cleaning products and disinfectants often call for the use of gloves or eye protection. For example, gloves should always be worn to protect your hands when working with bleach solutions.

Visit [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus) for more information on how to protect yourself and your family.

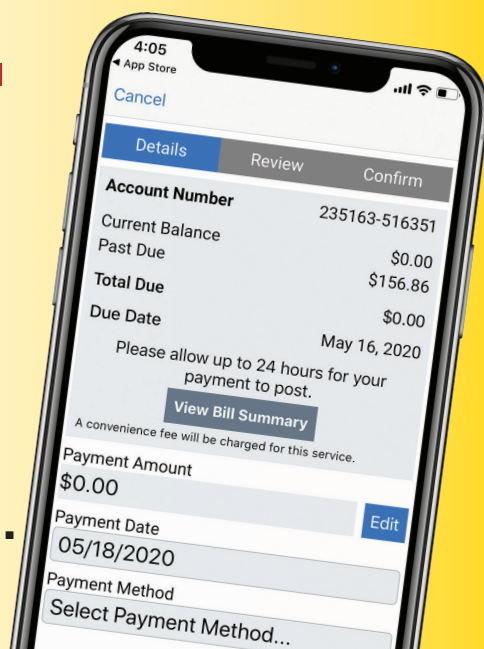
# NEW! JUST FOR YOU.

## CEPA's NEW MOBILE APP

**Monitor your energy use • Make fast, secure payments  
Receive important alerts and reminders**



**Scan with your smart phone to get started.**



Higher temperatures this summer will mean higher utility bills for many Mississippians. But there are ways to control your costs and still survive the heat.

About half of your energy use goes to cooling your home in the summer and heating it in the winter.

Children who are out of school and staying at home can also boost your energy use because televisions are on longer, video games are being

played or computers are being used more. Also, with more people going into and out of the home, cool air is lost, and the air conditioner must work harder to keep the temperature at a comfortable level.

You can spend a lot of money making your home more energy efficient by adding insulation, replacing windows and installing EnergyStar appliances. However, there are also some easy, inexpensive steps you can take to control your energy use. Here are a few:

- Replace any light bulb that burns more than one hour per day with its equivalent LED bulb.
- Turn off lights when you leave a room.
- Computers and monitors should be turned off when not in use.
- TVs, stereos and radios should be turned off when no one is watching or listening to them.
- Unplug chargers for phone and laptop batteries when not in use.
- Unplug unused refrigerators or freezers.
- Use the microwave for cooking when possible.
- Use a slow cooker instead of simmering foods on the stove.
- Only run the dishwasher when it's fully loaded and use the air-dry cycle.
- Set the thermostat to 78 degree or as close to that temperature that you can and still feel comfortable. Every degree higher saves energy and money.
- Lock your windows to get a better seal so you won't lose cool air.
- Change your air filter regularly so your air conditioner won't have to work so hard.

Visit our website, [www.centralepa.com](http://www.centralepa.com), for more energy-efficiency tips that can help you keep your utility bills lower this summer.

### INDEPENDENCE DAY WORD SEARCH

Can you find the words associated with Independence Day in the puzzle? Use the word bank below to check your work.

**AMERICA  
CELEBRATION  
FIREWORKS  
RED  
WHITE  
BLUE**

**INDEPENDENCE  
PICNIC  
STARS  
STRIPES  
FLAG  
FREEDOM**



**SAFETY TIP:** Always have an adult supervise fireworks activities. Only persons over the age of 12 should be allowed to handle sparklers of any type.



**AMERICA'S ELECTRIC  
COOPERATIVES**